

## **Kindergarten at Morgan's Gymnastics Fit~N~Learn Development Center**

Tuition: \$400/month (5 days a week)    Registration: \$85.00

**Purpose:** Provide an academic learning environment for age 5 students that includes gymnastics and fitness based instruction. The goal of this program is to prepare the child for first grade readiness.

**Instructor:** Mrs. Tania Davies

**Student/Teacher Ratio:** 8:1

### **Who this program is for:**

- Students who have attended pre-K and need additional academic support before starting kindergarten.
- Students who miss the required cut-off to start public Kindergarten but are ready for Kindergarten instruction and academic skills.
- Students who are ready for Kindergarten academic instruction, and would benefit from small class size and a shorter school day.

### **Sample Daily Schedule:** (9:00am-1:00pm/4 hour school day)

- 9:00-9:15 Table time/manipulatives
- 9:15-9:30 Calendar/Circle time #1
- 9:30-10:20 Science/math
- 10:20-10:45 Bathroom/snack
- 10:45-11:30 Gymnastics/fitness
- 11:30-12:00 Large group theme/Circle time #2
- 12:00-12:35 Reading/Writing
- 12:35-1:00 Centers/outside play

### **Procedures:**

- Students will drop off at rear entrance.
- Doors will open at 8:55am
- Pick-up will be from the playground, weather permitting
- Students must be picked up no later than 1:00pm

**Curriculum:** The curriculum used is ABEKA and is aligned with NC standards and follows the scope and sequence of NC public schools. In addition to the ABEKA curriculum we incorporate fitness based learning into our Kindergarten program.

**Target Skills:**

- **Building Reading Skills**
  - Learns (or review) all the upper and lower case letters and their sounds
  - Begins to read books independently
  - Begins to talk about books to increase comprehension (plots, characters, and events)
  - Retells the story to aid in comprehension (beginning, middle, end)
  - Recognizes and can produce rhyming words
  - Learns basic sight words (the most frequently used words in print)
- **Building Writing Skills**
  - Writes both upper and lower case letters
  - Writes their own name
  - Writes letters and words when dictated
  - Writes, draws and dictates about opinions and events in their lives
  - Begins to use words to write stories about their lives or what they've learned in class journals
- **Building Math Skills**
  - Understands that numbers represent quantity
  - Counts and writes numbers 1-30 Can compare/contrast quantities up to 20
  - Begins to group and count objects to solve addition and subtraction problems
  - Begins to recognize and understand the signs of plus and minus
  - Practice beginning measurement and graphing skills
  - Can create and sort objects into patterns
- **Building Science Skills**
  - Use constant exploration, observation and question/experimentation while interacting with their environment.
  - Learns new facts in a fun way about a variety of topics
  - Begins to use observations to record what is observed through graphy, pictures and words
  - Hands on basic scientific experiments to enlighten and excite the scientific mind

- **Building Social Studies Skills**

- Works in groups learning, sharing, taking turns and working together
- Develops communication, conflict resolution and conversation skills
- Learns about the community outside of home
- Learns address and map skills
- Will begin to learn about American Historical events

- **Enhancement skills**

- Arts and crafts
- Spanish
- American Sign Language
- Dance and movement
- Technology

**Assessments:**

- Students will be assessed a minimum of three times throughout the school year.

**About our Director**

Graduate of Cal State Fullerton with a BS in Physical Education  
30 + years coaching experience  
Morgan's Gymnastics staff member since 2007  
USAG Professional Member  
CPR & First Aid Certified  
Safety Certified through USAG  
National Coach Rating with USA Gymnastics  
2005 No Child Left Behind Certificate  
1999-2000 Special Olympics & Special Needs Kids  
1999 Employee of the Month at SCATS Gymnastics in CA  
Choreographer for Cal State Fullerton Gymnastics Team  
Western Collegiate Athletic All Conference Gymnastics Team  
WCAA All Around Conference Champion  
1983 World University Games Team Member, Edmonton, Canada  
NCAA Regional Champion on Floor Exercise  
5 time All American (1 vault, 2 all-around, 2 floor exercise)  
NCAA Regional Bar Champion  
Full Ride Scholarship for 5 years to Cal State Fullerton  
NAWGJ USA Gymnastics Level 1-5 and Xcel Rated Judge

