

Camp Fit-N-Fun Itinerary: WEEK Three *June 28th-July 2nd*

| MONDAY | | | TUESDAY | | | Group 4 | | | |
|---|--|--|--|---|--|---|--------------------------------|--|--|
| Group 4 | Group 5 | Group 6 | Group 4 | Group 5 | Group 6 | Group 4 | | | |
| 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | | | |
| 9-9:30am Outside Act (Out 3) | 9-9:30am Outside (Out 1) | 9-9:30am Inside Act (Gym 1) | 9-9:30 Outside 1 | 9-9:30am Inside (G1) | 9-9:15am Outside 3 | 9-9:15am Sports Center (Gym 1) | | | |
| 9:30-9:45am Open Gym (Gym 2) | 9:30-9:45am Snack (PS Room) | 9:30-9:45am Snack (Lobby 2) | 9:30-9:45am Snack (PS) 9:45-10:45am Gymnastics (G1) | 9:30-9:45am Snack (L2) | 9:30-10 Gym 2 10-10:45am Inside Act (G1) | 9:15-9:30am Outside Act (Out 1) | | | |
| 9:45-10am Snack (Lobby 2) | 9:45-10:15am Games (Upper Level) | 9:45-11am Gymnastics (Gym 2) | 10:45-11am Creative Cnr (PS) 11-11:30am | 10:45-11:30am Open Gym(G1) 11:30-12pm | 10:45-11:15am Craft (L2) 11:15-11:45am | 9:30-9:45am Snack (Lobby 2) | | | |
| 10-11:30am Gymnastics (Gym 1) | 10:15-11am Learning Lab (PS Room) | 11-11:30am Lunch (Lobby 2) | Lunch (L2) 11:30-1pm Art Exp. (G1) | Lunch (L2) 12-12:30pm Reading (UL) | CGA (WU FX) 11:45-12:15 Lunch (PS) | 9:45-10:15am Reading (Pit) | | | |
| 11:30-12pm Lunch (Lobby 2) | 11-11:30am Lunch (Lobby 1) | 11:30-12pm Reading (Gym 1) | 1-1:45pm Reading (Upper Level) | 12:30-2pm Gymnastics (G2) | 12:15-12:45pm Reading (PS Room) | 10:15-11am Learning Lab (Lobby 2) | | | |
| 12-12:30pm Reading (Gym 2) | 11:30-12pm Reading (Upper Level) | 12-12:30pm CGA (lobby 2) | 1:45-2:15pm Learning Lab (L2) | 2-2:30pm Sports Cntr (Gym 1) | 12:45-1:30pm Learning Lab (PS) | 11-11:30am Music (Ramp) | | | |
| | 12-12:30pm Inside Activity (Gym 1) | | 2:15-2:45pm Inside Act (G2) | 2:30-3pm Creative Corner (Party Room) | 1:30-2pm Sports Ctr(G1) 2-2:30pm Creative Cr (L2) | 11:30-12pm Lunch (L1) 12-12:30pm Sports Center (G1) | | | |
| 12:30-3:15pm: Swim (Groups 4, 5, 6) *Snack on Bus* | | | 2:45-3pm Snack (Lobby 1) | 3-3:15pm Snack (Lobby 2) | 2:30-3:15pm Games (UL) 3:15-3:30pm Snack (PS) 3:30-3:45pm Open (Gym2) | 12:30-3pm: S 3-3:15pm Ice Cream (Outside) 3:15-3:45pm CGA (Upper Lvl) | | | |
| | | | 3-3:45pm Sports (Gym 1) | 3:15-3:45pm Games (Upper Level) | 3:45-4:00 pm Color Wars | | | | |
| | | | 4:00-6:00 pm Ext. Care (UL) | | | | 4:00-6:00 pm Ext. Care (UL) | | |
| | | | 4:00-6:00 pm Ext. Care (UL) | | | | 4:00-6:00 pm Ext. Care (UL) | | |
| FRIDAY | | | | | | | | | |
| | | | Group 4 | Group 5 | Group 6 | | | | |
| | | | 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) | | | | |
| | | | 9-9:30am Outside Act (Out 3) | 9-9:30am Outside (Out 1) | 9-9:30am Inside Act (Gym 1) | | | | |
| | | | 9:30-9:45am Open Gym (Gym 2) | 9:30-9:45am Snack (PS Room) | 9:30-9:45am Snack (Lobby 2) | | | | |
| | | | 9:45-10am Snack (Lobby 2) | 9:45-10:15am Games (Upper Level) | 9:45-11am Gymnastics (Gym 2) | | | | |
| | | | 10-11:30am Gymnastics (Gym 1) | 10:15-11am Learning Lab (PS Room) | 11-11:30am Lunch (Lobby 2) | | | | |
| | | | 11:30-12pm Lunch (Lobby 2) | 11-11:30am Lunch (Lobby 1) | 11:30-12pm Reading (Gym 1) | | | | |
| | | | 9-9:15am: Prepare For Trip (Groups 4, 5, 6) | | | | | | |
| | | | 11:30-12pm Reading | | | | | | |

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| 9:15am-12:30pm: Adventure Landing (Groups 4, 5, 6) Raleigh, NC (919) 872-1688 *Snack on Bus/Lunch on Bus (If time runs out)* | | | 12-12:30pm Reading (Gym 2) | (Upper Level) | 12-12:30pm CGA (lobby 2) |
| | | | | 12-12:30pm Inside Activity (Gym 1) | |
| 12-12:30pm Lunch (L2) | 12-12:30pm Lunch (L2) | 12-12:30pm Gymnastics (G1) | 12:30-3:15pm: Swim (Groups 4, 5, 6) *Snack on Bus* | | |
| 12:30-1pm Creative Corner (PS) | 12:30-1pm Read (Pit) | 12:30-1pm Lunch (L2) | | | |
| 1pm-1:30pm Games (UL) | 1-1:30pm Open Gym (G2) | 1-1:30pm Creative Corner (PS) | | | |
| 1:30-3pm Gymnastics (Gym 2) | 1:30-2pm Creative Corner (PS Room) | 1:30-2pm Games (Upper Lvl) | 3:15-3:45pm Craft/Change (Lobby 1) | 3:15-3:45pm Craft/Change (Lobby 2) | 3:15-3:30pm |
| 3-3:15pm Inside Act (G2) | 2-3:30pm Gymnastics (Gym 1) | 2-2:45pm Learning Lab (PS Room) | | | 3:30-3:45pm Change Out (PS Room) |
| 3:15-3:30pm Snack (Lobby 2) | 3:30-3:45pm Snack (Lobby 1) | 2:45-3:15pm Reading (UL) | 3:45-4:00 pm Color Wars | | |
| 3:30-3:45 Prepare to Leave | | 3:15-3:30pm Inside Act (G1) | 4:00-6:00 pm Ext. Care (Upper Lvl) | 4:00-6:00 pm Ext. Care (Upper Lvl) | 4:00-6:00 pm Ext. Care (Upper Lvl) |
| 3:45-4:00 pm Color Wars | | | | | |
| 4:00-6:00 pm Ext. Care (Upper Lvl) | 4:00-6:00 pm Ext. Care (Upper Lvl) | 4:00-6:00 pm Ext. Care (Upper Lvl) | | | |

WEDNESDAY

| Group 5 | Group 6 |
|---|--|
| 7:00-9:00 am Ext. Care (PS Room) | 7:00-9:00 am Ext. Care (PS Room) |
| 9-9:15am Outside (Out 3) | 9-9:15am Outside (Out 1) |
| 9:15-9:30am Snack (Lobby 2) | 9:15-9:30am Snack (PS Room) |
| 9:30-10:45am Art Exp. (Gym 1) | 9:30-10:45am Art Exp (G1) |
| 10:45-11:15am Reading (Upper Lvl) | 10:45-11:15am Craft (PS Room) |
| 11:15-11:45am Lunch (PS Room) | 11:15-11:45am Music (Ramp) |
| 11:45-12pm Learning Lab (PS) | 11:45-12pm Reading (Upper Lvl) |
| 12-12:30pm Gymnastics (Gym 2) | 12-12:30pm Lunch (Lobby 2) |

mithfield Gym (Groups 4, 5, 6)

Snack on Bus

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| 3-3:15pm Ice Cream (Outside) | 3-3:15pm Ice Cream (Lobby 2) |
| 3:15-3:45pm Open Gym (Gym 2) | 3:15-3:45pm Open Gym (G2-Share) |

:45-4:00 pm Color Wars

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| 4:00-6:00 pm Ext. Care (Upper Lvl) | 4:00-6:00 pm Ext. Care (Upper Lvl) |
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Weekly Reminders

1. Bring 1 lunch, 2 snacks, & 3 drinks to camp daily!

2. Wear/bring

tennis shoes to
camp EVERY
day!

3. Bring swim
suit & towel on
swim days!

4. Don't forget to
dress up in your
pajamas on
Wednesday!